

PASTA

- a choice of pasta - please ask waitron for details

- ♦ **MAMA'S BOLOGNESE** - minced mixed peppers, tomato, parsley, parmesan, basil (chilli optional) **R130**
- ♦ **CARBONARA** **R140**
- cream, egg yolk, pancetta, thyme & parmesan
- ♦ **WOOD FIRED LASAGNE** **R140**
- minced beef, tomato, butternut, baby greens, parmesan, served with a side salad
- ♦ **MUSHROOM PASTA** **R 80**
- fresh herbs, creamy mushroom sauce, parmesan & rocket
- OTHER OPTIONS**
- with chicken & mushroom **R110**
- with sautéed beef fillet & mushrooms **R150**
- ♦ **PENNE PESTO PASTA** **R 90**
- tossed in basil pesto, rocket, parmesan & lemon
- ♦ **ARRABIATA** **R 95**
- rossa, plum & cherry tomatoes, basil, parmesan pomodoro & chilli

BAMBINI

- ♦ **ROLL YOUR OWN PIZZA** **R 65**
- basic Uno with a choice of any two toppings: banana, bacon, feta, salami, pineapple, mushroom marshmallow, tomato
- ♦ **CHICKEN STRIPS** **R 65**
- with mayonnaise & chips
- ♦ **KIDDIES BOLOGNESE** **R 65**
- small portion of bolognese (without chilli) & spaghetti
- ♦ **KIDS BURGER** **R 65**
- 100g beef, mayo, chips & ciabatta/panini roll
- ♦ **SMALL PLATE OF CHIPS** **R 20**
- ♦ **KIDDIES ICE-CREAM** **R 20**
- one scoop vanilla ice-cream with chocolate sauce

DESSERTS

- ♦ **OUR FAMOUS ICE-CREAM CAKE** **R 35**
- a rustic mix of honeycomb, flake, nuts & dark chocolate
- ♦ **DELICIOUS BAKED CHEESECAKE** **R 48**
- berry coulis & a scoop of ice-cream
- ♦ **DECADENT CHOCOLATE BROWNIES** **R 40**
- with vanilla ice-cream & hot chocolate sauce
- ♦ **ICE-CREAM AND CHOCOLATE SAUCE** **R 25**
- two scoops vanilla ice-cream & chocolate sauce
- ♦ **HOMEMADE CHOCOLATE SHOT** **R 20**
- with cream and dark chocolate infused with Amaretto
- ♦ **DOM PEDRO** **R 48**
- ♦ **IRISH COFFEE** **R 48**
(Dom Pedro and Irish coffee served with a choice of J & B, Bells, Khalua or Amarula. Double shots will be charged for)

SOFT DRINKS

- Fruit Juice **R 20**
- Appletiser, Red Grapetiser **R 32**
- Coke, Fanta Orange, Cream Soda, Tab, Coke Zero, Sprite Zero, Sprite **R 24**
- Lemonade, Tonic Water, Soda Water, Ginger Ale, Dry Lemon **R 21**
- Rock Shandy **R 35**
- Ice Tea **R 26**
- Still Water, Sparkling Water 500ml **R 23**
- Lime, Passion Fruit, Kola Tonic Cordials **R 10**

HOT BEVERAGES

- Americano **R 26**
- Decaf Americano **R 28**
- Cappuccino **R 28**
- Decaf Cappuccino **R 30**
- Café Latte **R 30**
- Ceylon Or Rooibos Tea **R 24**
- Espresso **R 22**
- Double Espresso **R 28**
- Hot Chocolate **R 32**
- Milo **R 32**

OTHER

Ask your waitron about our great selection of wine, beers & ciders

ITALIAN KITCHEN



trattoria | pizzeria



TRADING HOURS:

Monday - Sunday:
12 noon till 10pm every day
Tel: +27 (0) 21 712 6631

EMAIL:

theitaliankitchen7@gmail.com

PLEASE NOTE:

- Every dish is prepared with care and takes time to do properly. If you are in a rush please ask waitron to prioritise your meal and we will do our best to get your food to you without delay.
- Should you have allergy problems please discuss ingredients with your waitron.
- A 10% service charge may be added to tables of 6 or more guests.
- We request that parents of young children exercise discretion when it comes to noise levels-especially after 7pm.
- All food subject to availability.
- Substitutions for any menu item will be charged for.

American Express and Diners club cards not accepted at this stage.

STARTERS

- ♦ **TUSCAN CHICKEN LIVERS** - red chilli, pomodoro, cream, fresh herbs, bruschetta, parmesan & garlic R65
- ♦ **TOMATO, BASIL & MOZZARELLA BRUSCHETTA** - parmesan & rocket R65
- ♦ **CHILLI PRAWNS** - creamy sundried tomato sauce, chillies & bruschetta R95
- ♦ **MUSSELS** - served in a blue cheese, cream & beer sauce R90
- ♦ **BROWN MUSHROOMS** - red pesto & melted mozzarella R80

SALADS

- ♦ **MIXED VEG SALAD** - roasted rossa tomatoes, roasted butternut, baby greens, parmesan, berry balsamic reduction, feta R85
- ♦ **CRUMBED CHICKEN BREAST SALAD** - wood fired, baby greens, summer salsa, grilled zucchini, mint, baby potatoes, mayo sauce & avocado (in season) R95
- ♦ **HOUSE SALAD** - baby leaves, Spanish onions, olives, tomatoes, feta, balsamic reduction, capers R80
- ♦ **CAPRESE SALAD** - tomatoes, basil pesto & bocconcini R80
- ♦ **ITALIAN TOMATO SALAD** - Assorted tomatoes, mint, baby leaves, feta & balsamic reduction R80

MAINS

- BEEF FILLET** - 250g served with chips and a choice of salad or veggies R180
add a choice of sauce - mushroom, pepper or mustard R20
- WOOD FIRED CHICKEN BREAST** R120
- mustard sauce, rocket, butternut & rustic garlic potatoes
- SLOW ROASTED HAM HOCK** R210
- mustard sauce, rocket, butternut & garlic potatoes
- GRILLED PORK CHOPS** R165
- mash, roasted tomatoes, veggies & mustard sauce
- PORK BELLY RIBS** R160
- served with chips & veggies - 400g R210
- 800g
- PAELLA** R155
- rice, prawns, mussels, calamari, chorizo & chicken
- MUSSELS** R140
- served with a blue cheese, cream & beer sauce

PIZZAS

	Large	Half
PITA BREAD (garlic)	R 30	N/A
PITA BREAD (garlic & feta)	R 40	N/A
♦ Gluten free base option	extra R 35	R 20
♦ Banting base option (when available)	extra R 35	N/A
1. UNO - basic margherita	R 70	R 35
2. DUE - tomato, mozzarella, roasted garlic & basil	R 95	R 50
3. TRE - tomato, mozzarella, smoked salmon offcuts, capers, crème fraiche & avocado (in season)	R 135	R 70
4. QUATTRO - tomato, mozzarella, bolognese, onion peppers & red chilli	R 135	R 70
5. CINQUE - tomato, mozzarella, peppered salami, olives & roasted peppers	R 135	R 70
6. SEI - tomato, mozzarella, bacon, chilli, rocket & avocado (in season)	R 135	R 70
7. SETTE - tomato, mozzarella, parma ham, rocket & avocado (in season)	R 135	R 75
8. OTTO - tomato, mozzarella, pesto chicken, feta & spinach	R 135	R 70
9. NOVE - tomato, mozzarella, field mushrooms & roasted ham hock	R 140	R 75
10. DIECI - tomato, mozzarella, roasted butternut, spinach, feta & roasted rossa tomato	R 105	R 60
11. UNDICI - tomato, mozzarella, chicken, berry coulis & camembert	R 140	R 75
12. DODICI (Number 12) - tomato, mozzarella, bacon, feta, onions & avocado (in season)	R 135	R 70
13. THE KITCHEN ZINC - a slice of due, tre, quattro, cinque, sei, sette, otto, nove, dieci	R 160	N/A
14. VEGAN UNO - basic margherita with vegan "cheese"	R 120	R 65
15. SEAFOOD PIZZA - tomato, mozzarella, mussels, de-shelled prawns & calamari	R 160	R 90
16. VEGETABLE & GOATS CHEESE - aubergine, zucchini, peppers & goats cheese	R 140	R 75
17. PIZZA WITH A BITE - tomato, mozzarella, de-shelled chilli prawns & avocado (in season)	R 160	R 90
18. HAWAIIAN - tomato, mozzarella, ham hock & pineapple	R 115	R 65
19. CHICKEN - tomato, mozzarella, chicken, feta, peppers & avocado (in season)	R 135	R 70
20. CHORIZO - tomato, mozzarella, chorizo, pepperdews & caramelised onion (chilli optional)	R 135	R 70
21. JOSH PIZZA - bacon, blue cheese & avocado (in season)	R 135	R 70
22. THREE CHEESE - mozzarella, feta & blue cheese	R 120	R 65
23. OLD SALTY - tomato, mozzarella, anchovies, olives, red onion & sliced tomato	R 130	R 70
24. THE MEATY ONE - tomato, mozzarella, bacon, salami, chorizo & caramelised onion	R 144	R 80
25. TUSCAN CHICKEN LIVERS - chilli, garlic, rocket & avocado (in season)	R 110	R 60
26. PORK BELLY RIB - marinated pulled pork ribs, caramelised onion & feta	R 150	R 80

ADDITIONS AND CREATING YOUR OWN PIZZA

	Large	Half
- bacon, chicken, salami, chorizo	R 17	R 11
- parma ham, ham hock, bolognese, aubergine	R 22	R 14
- anchovies, mussels, salmon offcuts, calamari, pork ribs	R 19	R 12
- prawns	R 34	R 20
- fresh tomato, peppers, olives, , rocket, spinach, capers	R 14	R 10
- pineapple, mushrooms, butternut, pepperdews	R 15	R 11
- avo (in season), feta, blue cheese	R 19	R 12
- garlic, chilli, onions, basil leaves, zucchini	R 12	R 9
- extra mozzarella, basil pesto	R 14	R 10
- bocconcini, parmesan, camembert, goats cheese	R 24	R 16

GOURMET BURGERS

All burgers are wood fired & served with ciabatta/panini roll, chips & salad

- ♦ **BEEF BURGER** R115
250g beef patty - served with rocket, tomato, red onion and a choice of sauce (mushroom/pepper/mustard)
- ♦ **SUPER BEEF BURGER** R140
250g beef patty - served with gherkins, red onions, guacamole, bacon & blue cheese sauce
- ♦ **SUPER CHICKEN BURGER** R125
Crumbed chicken breast, camembert & berry relish
- ♦ **PLAIN CHICKEN BURGER** R 90
Chicken breast, avocado (in season), tomato, rocket & mayo sauce
- ♦ **VEGETARIAN BURGER** R 90
Ask your waitron for details
- ♦ **CHEESE BURGER** R120
250g beef patty - served with rocket, tomato, red onion, BBQ sauce & melted mozzarella
- ♦ **ITALIAN KITCHEN BURGER** R135
250g beef patty - served with bacon, tomato, gherkin & BBQ sauce

RISOTTO

- ♦ **SEAFOOD** R160
- prawns, calamari, mussels, cream & parmesan
- ♦ **MUSHROOM** R100
- nutmeg, wilted spinach, parmesan, garlic, mushroom sauce & fresh herbs
- ♦ **CHICKEN & PRAWN** R145
- feta, sundried tomato, cream & parmesan
- ♦ **CHICKEN & SPINACH** R115
- white wine, garlic & parmesan
- ♦ **CHORIZO** R140
- feta & sundried tomato